Soil Fertility in Focus: Moving Beyond N, P, K

MEETING THE NUTRITIONAL NEED OF CROPS WITH MINERALS, MICROBES, & MANAGEMENT

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NOFA RHODE ISLAND ADVANCED GROWERS SEMINAR

SUNDAY OCTOBER 20, 2013

Seminar Resources

Each Other, Farm & Garden Community

New England Vegetable & Fruit Conference – Dec 17-19 in NH (http://www.newenglandvfc.org/)

- Bionutrient Food Association Bibliography <u>http://bionutrient.org/library/recommended-reading</u>
- Brix Bounty Farm Website <u>www.brixbounty.com</u>
- NOFA Rhode Island <u>http://nofari.org/</u>
- County Soil Maps <u>http://www.nesoil.com/</u>
- NRCS <u>http://www.nrcs.usda.gov/wps/portal/nrcs/site/ri/home/</u>
- URI http://web.uri.edu/riaes/extension/
- Web Soil Survey <u>http://websoilsurvey.nrcs.usda.gov/</u>
- Acres USA, Extension, & many other print/online publications "Veg Notes"
- Logan Labs (Mehlich-3 analysis w/ traces) www.loganlabs.com
- Online OrganiCalc[™] Worksheet <u>http://growabundant.com/organicalc/</u>
 - \$9.50 per year "for auto-computing Logan Lab test recommendations" for Gardeners

Biography – Derek Christianson

- Commercial Vegetable Grower for the past 12 years, actively consulting, teaching courses & workshops the past 6 years
- Started farming in 2002&2003 at Waltham Fields Community Farm
- 2 Seasons on the Vineyard, managing Bayes-Norton Farm
- 2 Years as a vegetable manager at Hawthorne Valley Farm, Biodynamic Dairy & Vegetable Farm in New York (12 acres veg.)
- Started Brix Bounty Farm in Dartmouth, MA in 2008 leased land
 - Small, Diversified Vegetable Farm cropping ~4 acres, plus some in cover
 - 6-mile marketing radius: 90-member summertime CSA, 40-member wintertime CSA, self-serve roadside stand, & 1 Farmers Market (Downtown New Bedford)
 - Started offering "Deep Nutrition Shares" in Winter 2011-12

Brix Bounty Farm

Started in 2008 on leased land in Dartmouth, MA Moving winter 2013-2014 ... to better drained fields

- ~\$100K in gross vegetable sales + ~\$2K Deep Nutrition
- ~\$38-42K "net" depending on expenses/additional income
 - o 90 member Summertime CSA \$49K
 - o 40 member Wintertime CSA \$10K
 - Honor System Roadside Stand \$35K > \$38K+ in 2013
 - New Bedford Farmers "Outreach" Market –\$6K/year 17 markets

• Myself plus 1 full-time farmer (year-round) & 1 full-time (May-Aug)

Marketing Season – 90% marketed on the farm

- Self-Serve Roadside Stand
 - Opens weekends in early May, daily by early June
 - Daily through mid-November
 - Open daily/weekends into mid-December depending on season

Summertime CSA

o 21 Weeks starting 2nd week of June through end of October

• "Wintertime" CSA

- 2 distributions in Nov, 2 distributions in Dec, 2 in Jan/Feb
 * Planned expansion 2015 to add 2 distributions in Mar/Apr & 2 in May
- New Bedford Farmers Market (heavy coupon traffic)
 Starts 1st Thursday in July > end of October (~17/18 markets)

Harvest & Marketing Rhythms

- Monday CSA Distribution (& Farmstand Light Pick)
 Harvest for 20 full share & 25 partial shares = 45 shares
- Tuesday Farmstand (CSA "Remains" + Fresh Harvest)
- Wednesday "Fish & Foliar" Morning (Light Stand Pick)
- Thursday NB Market (6 miles from farm) & Farmstand
- Friday CSA Distribution (& Farmstand Light Pick)
 Harvest for 40 full shares & 15 partial shares = 55 shares
- Saturday Farmstand (CSA "Remains" + Fresh Harvest)
- Sunday Farmstand (Full or Light Stand Pick season?)



Guiding Principals

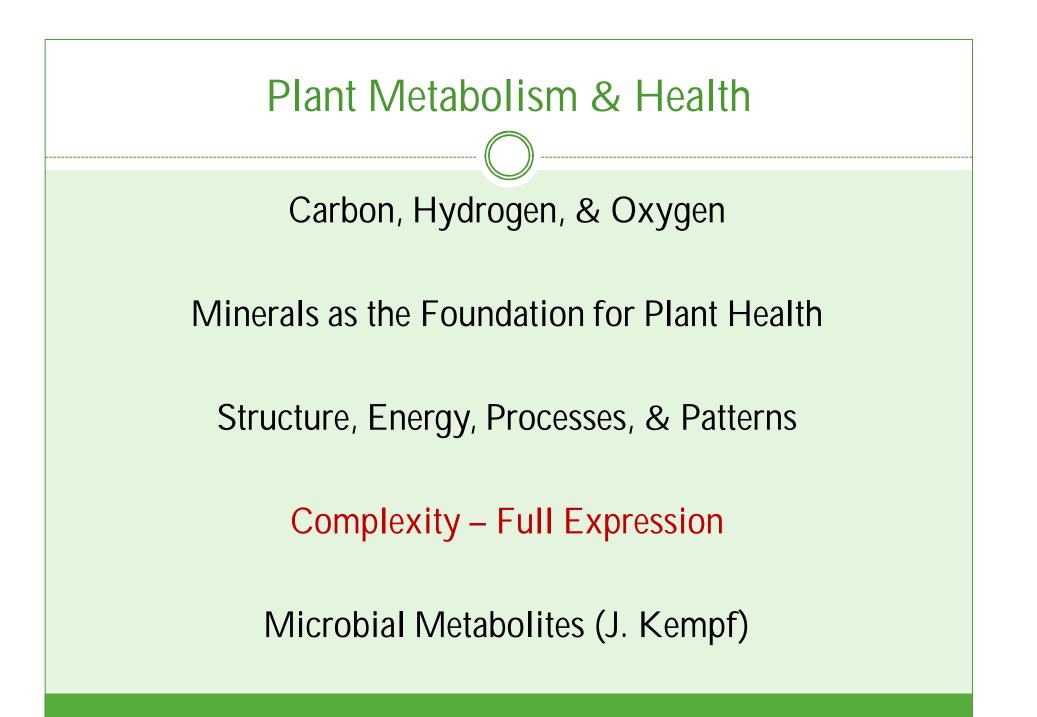
Honoring & dignifying our natural systems w/ complete fertility allows us to reap the greatest return for energy invested, while improving our soils as a natural resource for future generations.

Nutrient Extraction in Commercial Vegetable Production

Social Contract > "the best quality" (flavor & nutrition)

Growing Vegetables with Respect for the Earth & Future Generations





Judging Our Production

Considering the Whole

Inputs

Yields - Quantity Yields - Quality

Additional Benefits & Costs ("Externalities")

Impact on Future Resource Base

Minerals, Microbes, & Management

3 Keys to Vigorous Production

Akin to Chemical, Biological, & Physical

All 3 Are Connected

Management?

Building Fires...

Beyond N, P, K

Nitrogen, Phosphorous, Potassium or Nitrogen, Phosphate, Potash

Considered to be nutrients needed in greatest amounts for plant growth... but also consider for plant/human health

- Carbon, Hydrogen, Oxygen
- Sulfur
- Calcium, Magnesium, Silicon
- Boron, Chlorine, Molybdenum, Selenium
- Cobalt, Copper, Iron, Manganese, Nickel, Sodium, Zinc

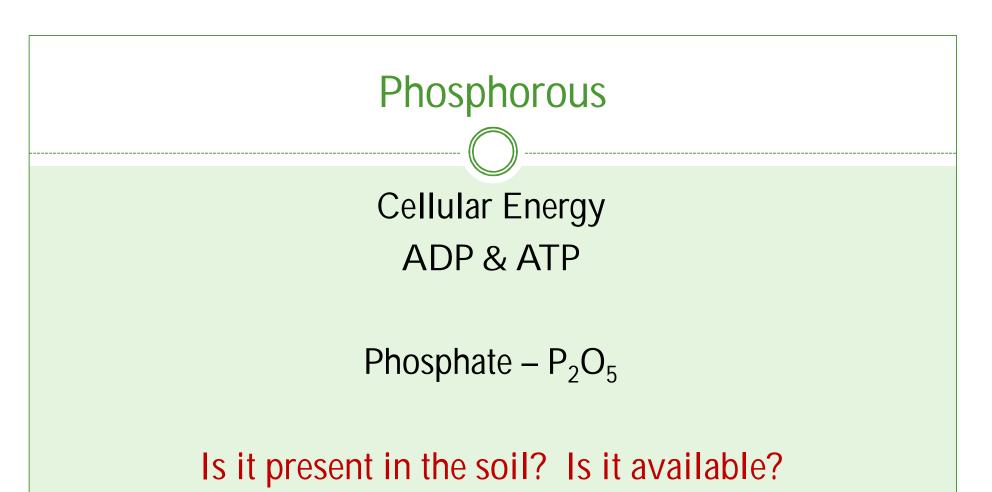
Nitrogen – The "Green" Rules

- Nitrogen is part of our atmosphere
- 78% of air is Nitrogen in N₂ form unavailable for plants
- Nitrogen Plant Growth structure, metabolic, genetic
- Nitrate vs. Ammonium
- Molybdenum Nitrate Reductase Enzyme
- Cover Crops Legumes, Grasses, & Catch Crops
 Rhizobia but also... Azotobacter
- Residue Digestion & Nutrient Circulation
- Protozoa Consuming Bacteria & Releasing Ammonium
 Need food (bacteria) & water (mobility)

Nitrogen – NOFA/Mass Winter 2014 Workshop Chlorophyll Molecule

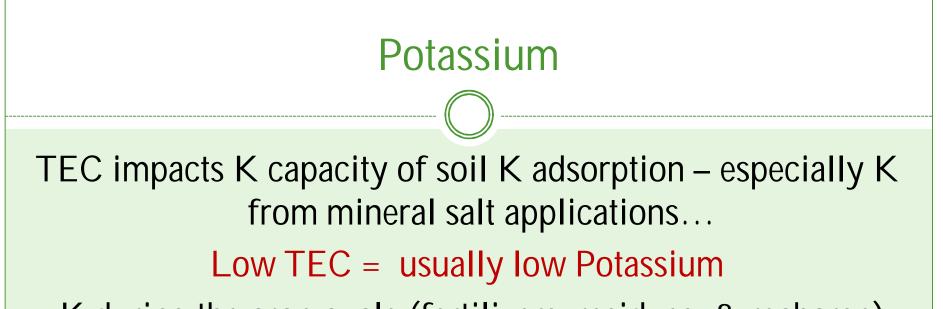
- Crop Needs
- Springtime Considerations
- Flooding & Drought Impact on N availability
- PSNT Pre Sidedress Nitrate Test and/or Solvita Test

? Does the Managed Cycle Match up with Crop Needs? Too Little? Too Much?



Is there "biology" to increase its availability?

Different Soil Tests Yield Different Information



- K during the crop cycle (fertilizers, residues, & recharge)
- K "missing" on soil tests organic matter or fixed
- Fixed K in some type of "clay" soils clay mineralogy
- K-Clay "lock" in dry conditions (J. Kempf)

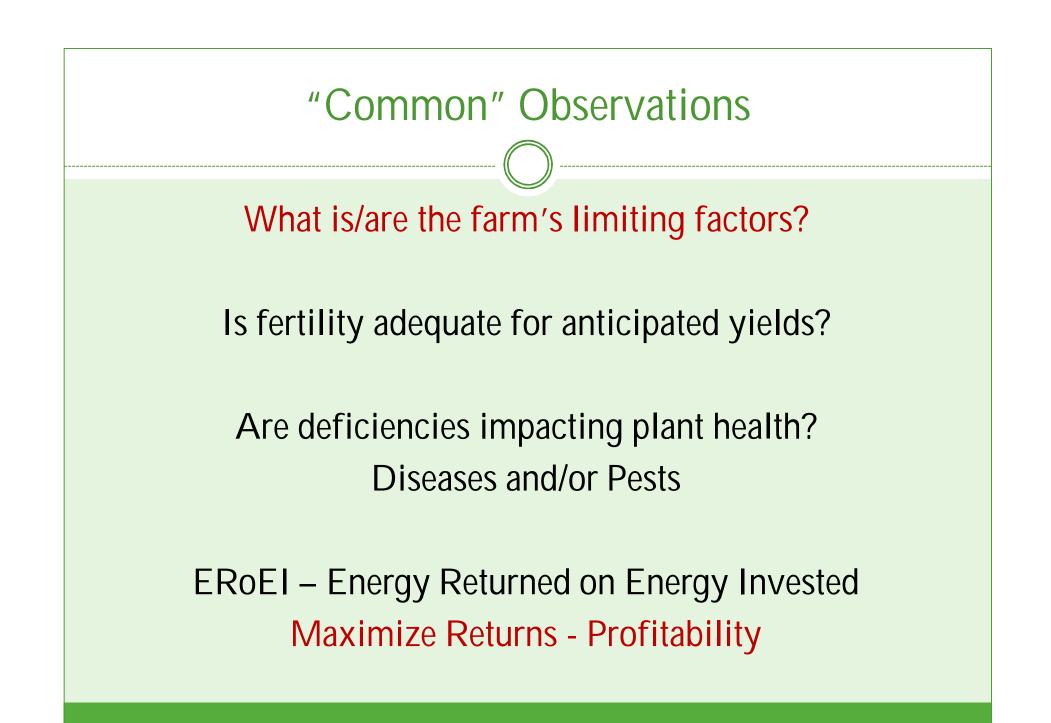
Cation and Total Cation Exchange Capacity

CEC and TCEC & Soil Colloids

- Cation (definition) nutrients with a positive charge
- Soil: Air, Water, Mineral (Sand, Silt, Clay) & OM
- Soil Colloids Cations Adsorb onto negative sites
 - o Clay
 - Humus & Organic Matter (OM)
- "Light" or Low TEC Soils <10 CEC
- "Heavy" or High TEC Soils >10 CEC

Soil Testing

- Often seen as a critical tool for making fertility decisions.
- Test when you need additional info., 1x year typically
 - Avoid "Shooting Blind"... (the expenses of)
 - Provide Another Tool for Learning the Land
- Total Nutrient Testing, Strong Acid Testing, Weak Acid Testing, Saturated Paste Testing... different tests will provide different information at different times.
- UMass Soil Testing Lab Modified Morgan
 - Dilute glacial acetic acid & ammonium hydroxide (Dr. M.F. Morgan UConn 1940's)
- Logan Labs Mehlich III (M3) test w/ trace minerals AEA Base+
 - o ICP Inductively Coupled Plasma acid is "strength of vinegar"
 - o Caution when testing recently limed, heavily limed, or calcareous soils & don't rely for available P...
- Other Labs



Fertility in Practice – 2014 at Brix Bounty

- Field Sprays (low concentration traces) late winter/spring
- Bio-Builder Sprays 1-3x spring depending... & in fall
- BD Preps bd#500 and barrel compost 1-2x spring & fall
- Fall mineral applications (as budget/time allows)
- Pre-plant Mineral Mix & Energy Mix
- Nutrient Drench/Inoculation at Planting & as needed
- Sidedressing 1-3x as needed for high requirement crops
- Foliar sprays 1x per week to 1x per month until busy season slams us...

~5%-10%-15% of Gross Sales for Fertility Budget

Dry Minerals 2014

Pre-Plant Mineral Mix

Address Calcium Needs & long-term Nutrient Deficiencies

- Carbonatite (SRC) 1000# per acre (perhaps) and/or Gypsum
- Greensand 500# 1000# per acre (heavy for nightshades, roots) clay source
- Hi-Calcium Limestone (as needed in the fall)
- Soft Rock Phosphate 500# per acre (heavier for high value crops)
- & specific traces as needed

Pre-Plant Energy Fertilizer

- Krehers 4-3-3 Composted Chicken Manure at ~700# per acre +/-
- Sul-Po-Mag at 200# per acre +/-
- Bone Char at 100-600# per acre +/- (typically at 200# per acre)
- o plus traces as needed

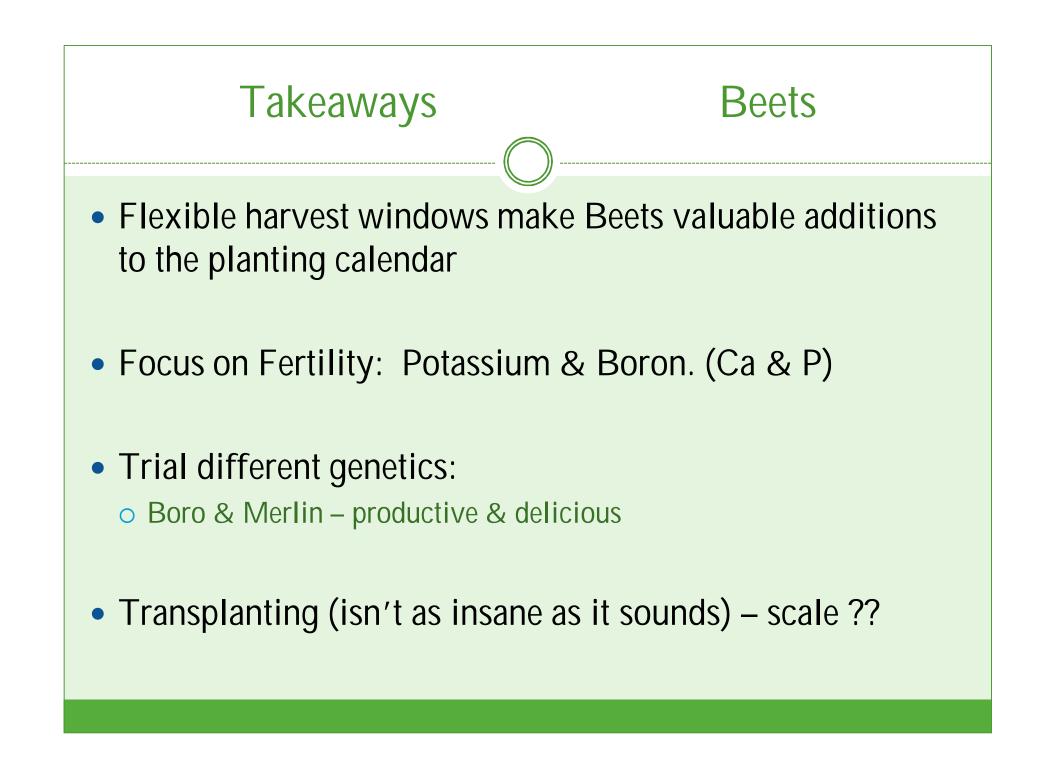
Address Macro/Minor Nutrients then... Trace Minerals

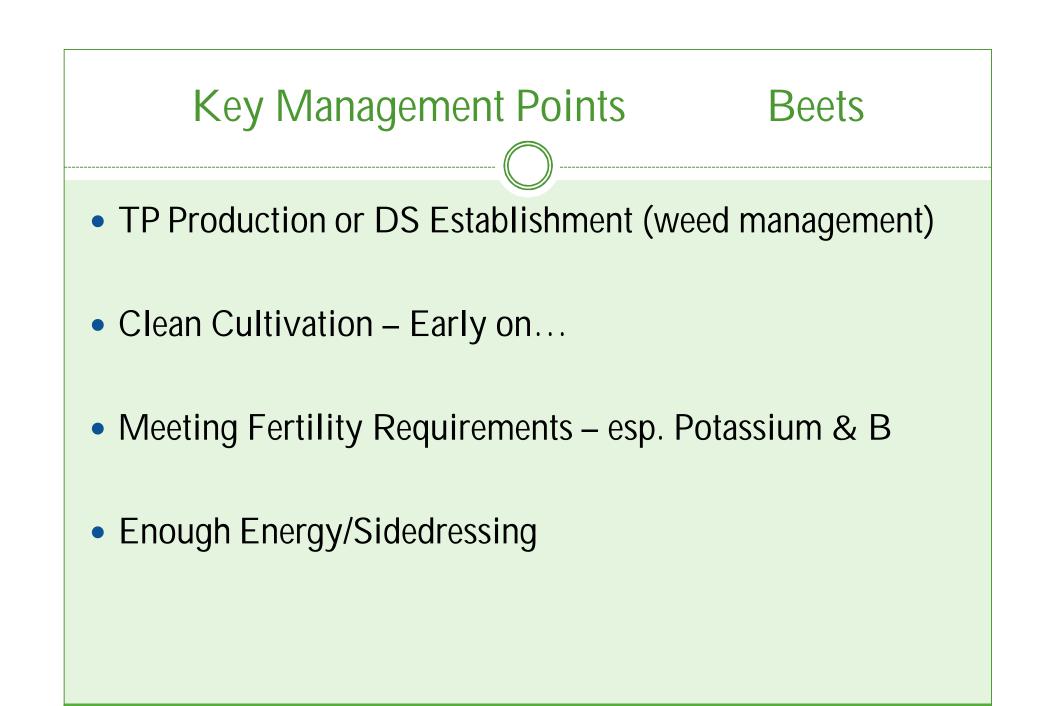


Economics of Sidedressing (continued) - Spinach

- Case Study Spinach at BB we tp 3 rows/bed at 6'' in row with 2-3 seeds/cell from 128's > 20 bed feet per flat, usually 120'/planting
- Target Yield 12 oz 1# 1.5# per bed foot on first cut depending on size (salad spinach vs cooking spinach) 1.5#/ft = 13,000 lbs/acre
- Market 8 oz 12 oz. bags at \$3-4 per bag ~\$6 lb.
- \$600-\$1,200 per bed or \$26-52K per acre for just 1 cut Hypothetical wholesale (not us) – 7,000# at \$2 = \$14,000/acre avg. wholesale yields for fresh market spinach 5-7 t/acre (NE Veg)
- Sidedress before canopy fills in (2nd or 3rd/final cultivation) + labor \$20 per bed or \$800 per acre – need to increase yield by .4 oz (10 grams) per bed foot for fresh market or .7 oz (20g) wholesale...







Fertility & Nutrient Requirements Beets					
	Fertility	Nitrogen	Phosphate	Potash	
	Very Low		150	300	
	Low	75-100, 30sd	100	150	
	Optimum		50	75-100	

http://nevegetable.org/crops/varieties-1

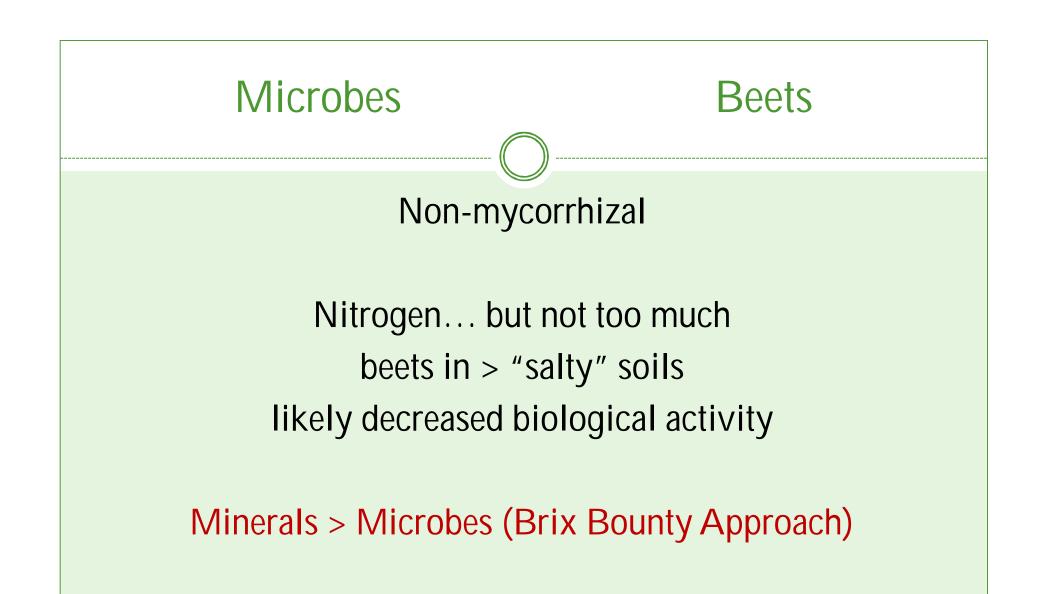
- Calcium & Boron (2# B as indicated by soil test)
- Nitrogen (early season growth) Ideally "lower" at end
- Phosphorous Roots & Sugar Production
- POTASSIUM
- Sodium likely only "necessary" w/low K

Addressing Mineral Needs Beets

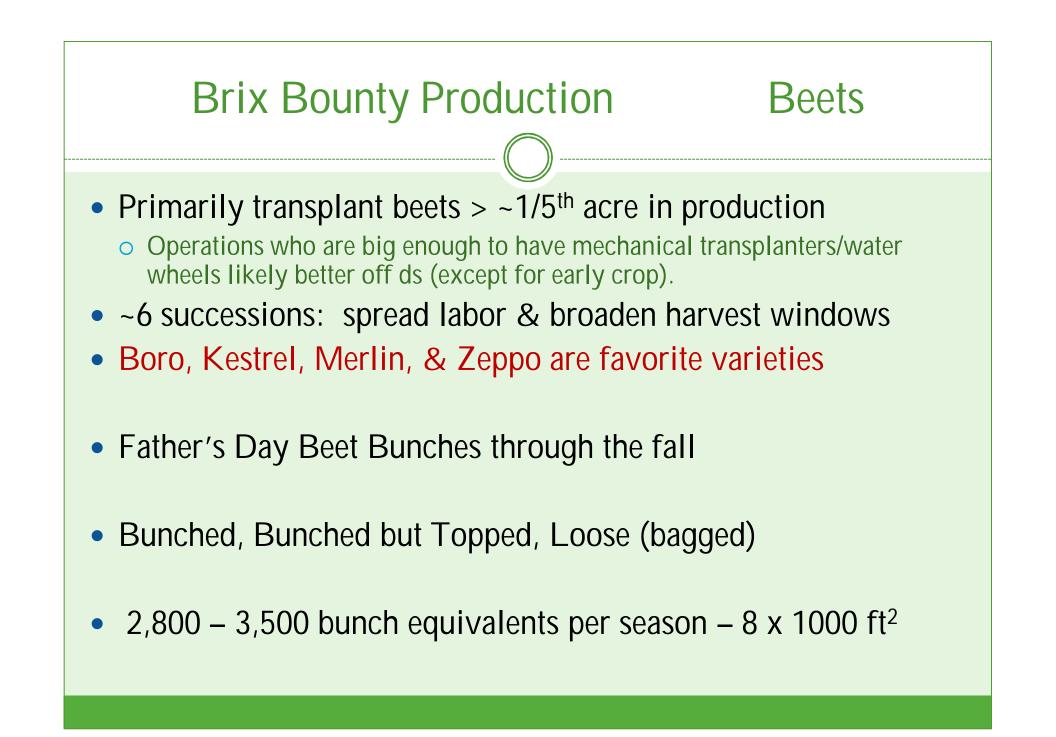
 Soil Test, Field History, OM Credits, Cover Crop Credits, Time of Planting, Speed of Growth & Expected Yield...

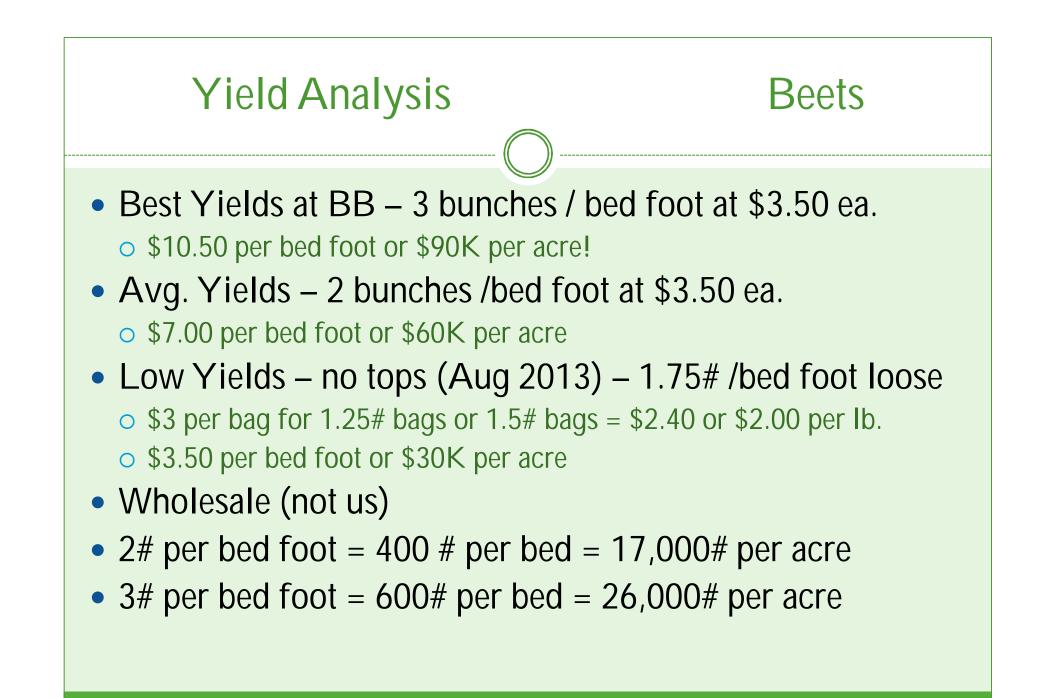
In Practice

- Pre-Plant >
- Row Cover at TP worth the labor?? depends
- Sidedress once or twice 2-6 WAP (weeks after planting)
 Including K in sidedressing
- Foliar Sprays
- Fertigation...

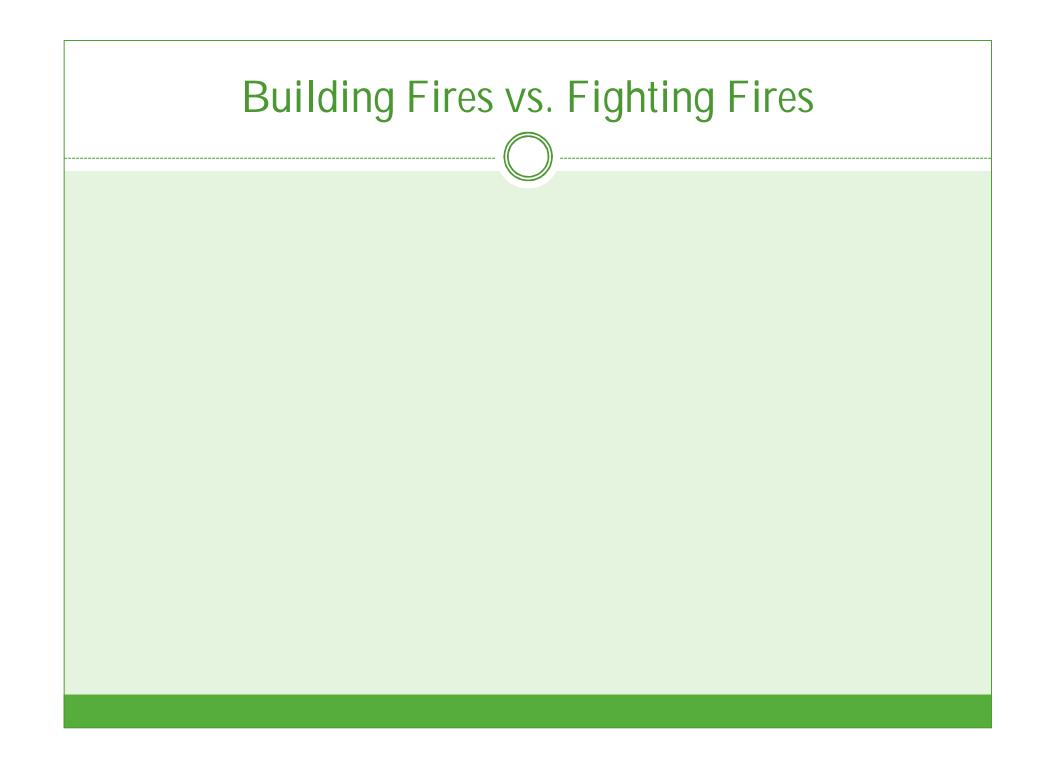


Leaf Miner – Boron deficiency? (Phil Jones)









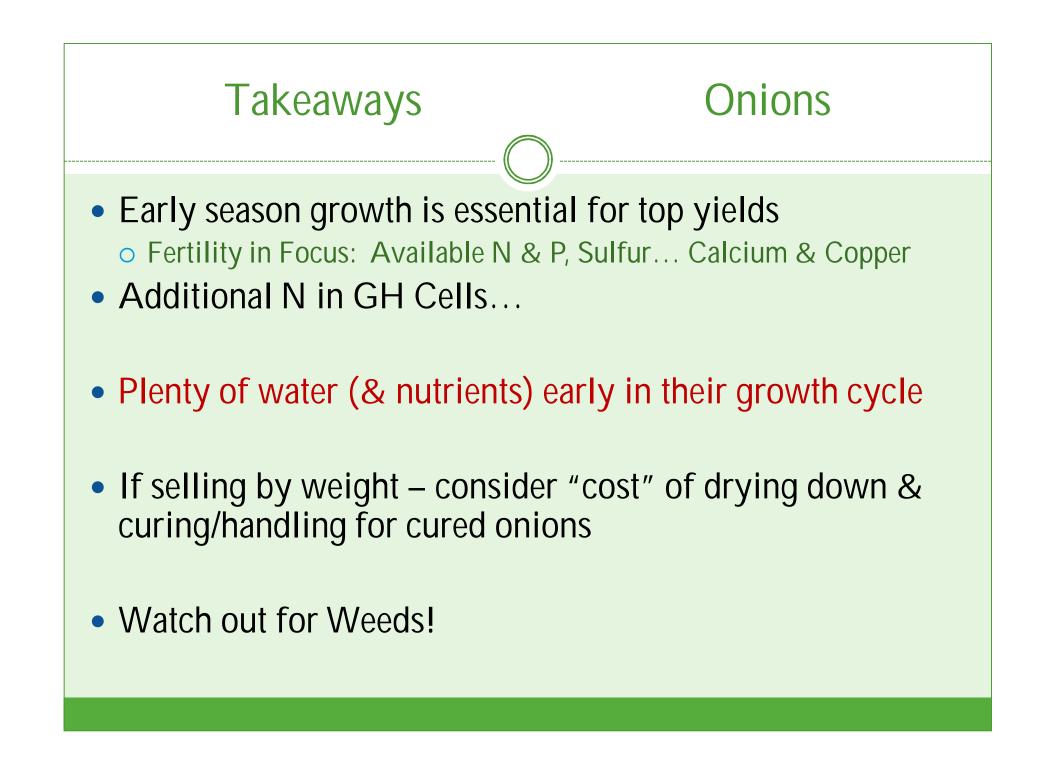
Growers Tips & Marketing Considerations

- Once nice beets w/ greens are available swiss chard sales slow down...
- Aim to have Beets available at the farmstand for Father's Day (mid-June) ... from mid-April transplants.
- We'll usually start distributing beets for our CSA around the Summer Solstice ideally week #2.

Beets ... in the Garden

- Adequate Space (thinning) & Fertility are key to good yields.
 - Phosphorous is key to sugar production
 - Potassium & Boron are essential to moving the sugars into the roots.
- Transplanting offers an opportunity for earlier harvests
- Germination Tips > Beets
- Experiment with high quality hybrid seeds





Key Management Points Onions • Transplant Production > Vigor • Establishment Period • Root Maggots

- May & June
 Cultivation & Sidedressing
- July
 Thrips & Moisture

Fertility & Nutrient Requirements Onions									
	Fertility	Nitrogen	Phosphate	Potash					
	Very Low		150	175					
	Low	80-100 + 50sd	100	150					
	Optimum		25-50	50					

http://nevegetable.org/crops/varieties-10

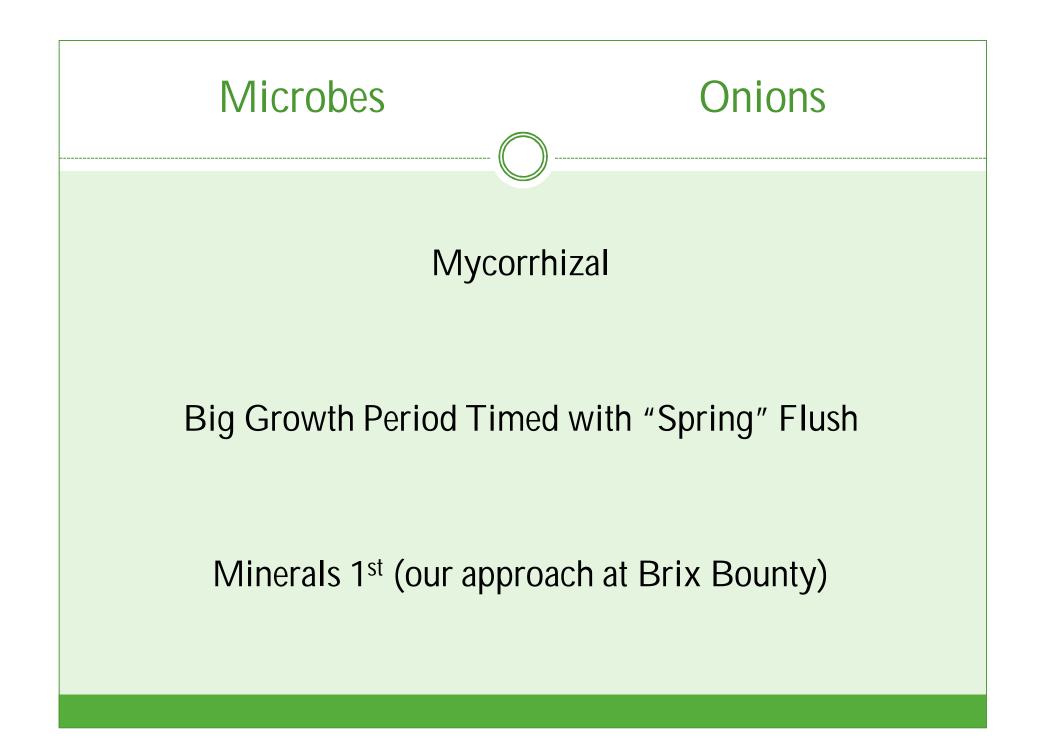
- Calcium
- Nitrogen (early season growth)
- Phosphorous Roots
- Sulfur (NE Veg Guide 35-55 lb/A) impacts pungency

Addressing Mineral Needs Onions

• Soil Test, Field History, OM Credits, Cover Crop Credits, Time of Planting, Speed of Growth & Expected Yield...

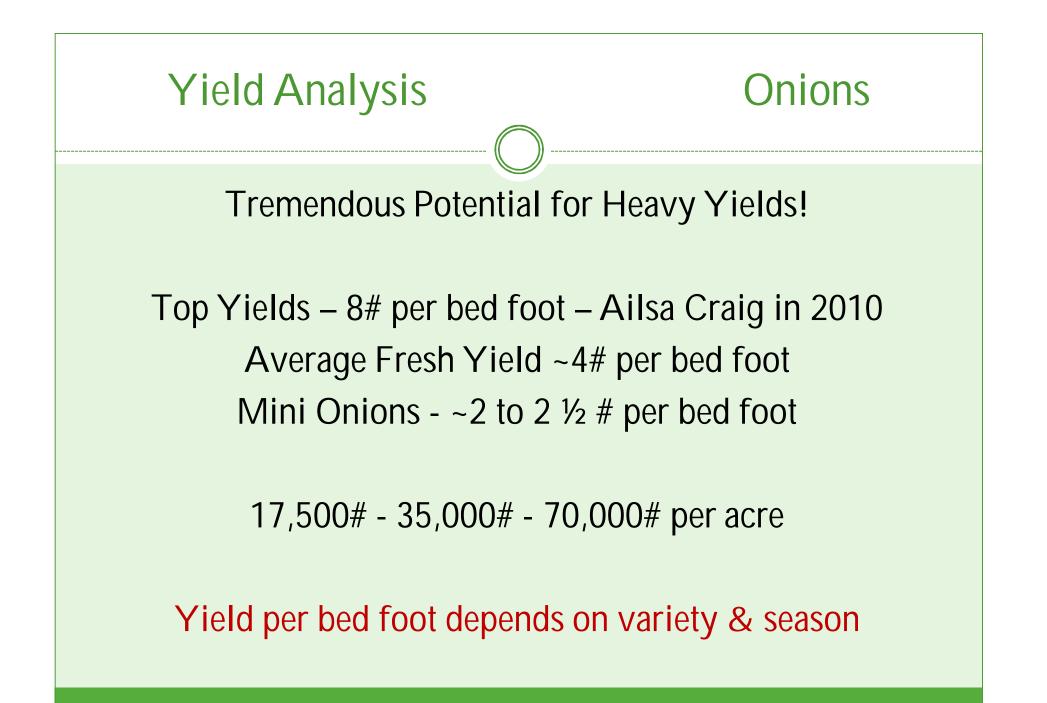
In Practice

- Pre-Plant >
- Row Cover at TP worth the labor?? depends
- Sidedress #1 2-3 WAP (weeks after planting)
- Sidedress #2 4-6 WAP
- No more N applications after mid-June
- Foliar Sprays
- Fertigation...



Onions **Brix Bounty Production** Alliums every week of the CSA & always try to have an allium at the stand Scapes/Scallions > Mini Onions (purplette/pearl drop) > Fresh Garlic > Fresh Onions (tropea/ailsa craig) > Summer Leeks > Fall Rotation: Onions, Leeks, Scallions, & Garlic

- 1/3 acre of alliums including small garlic crop
- Cluster planted from 98's 3-4 plants/cell (4-5 seeds) 6''

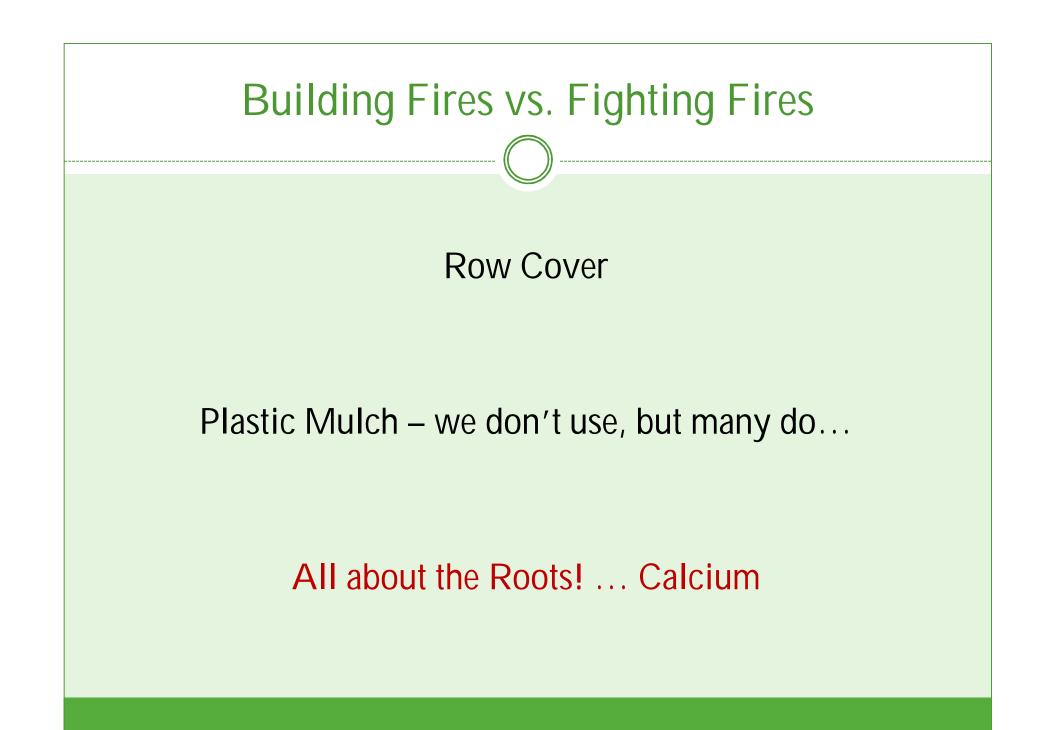


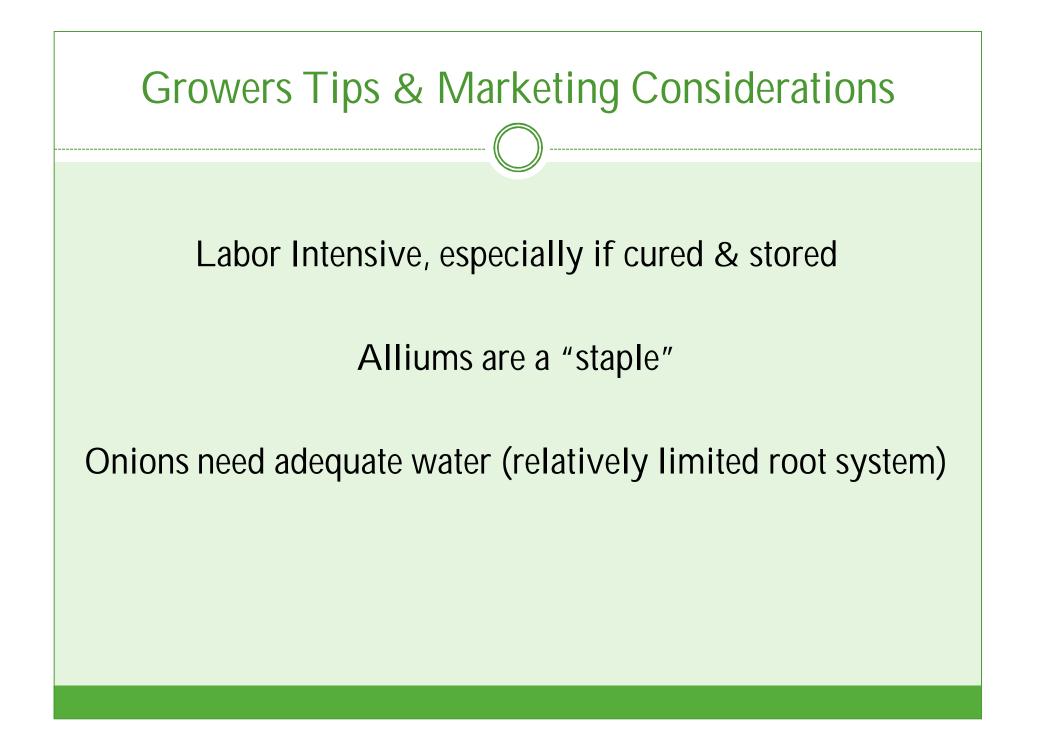
Economics of Onions

At Brix Bounty we don't compete on price for alliums They are too labor intensive! Scallions at \$2 or \$2.50 per bunch depending on season *3 bunches/bed foot for scallions*

> Fresh Mini Onions at \$3 or \$3.50 per bunch 2-3 bunches/bed foot for mini-onions

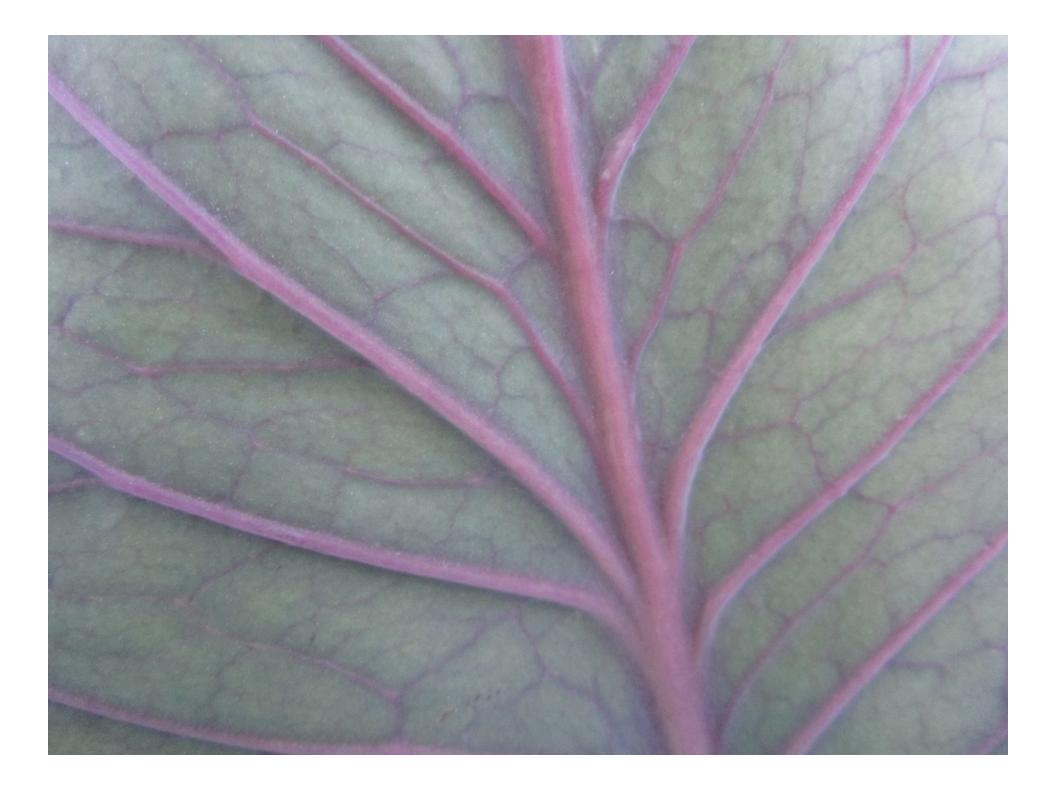
Onions at \$2 \$2.50 or \$3 per pint, at \$4 or \$5 per quart 3-5# per bed foot

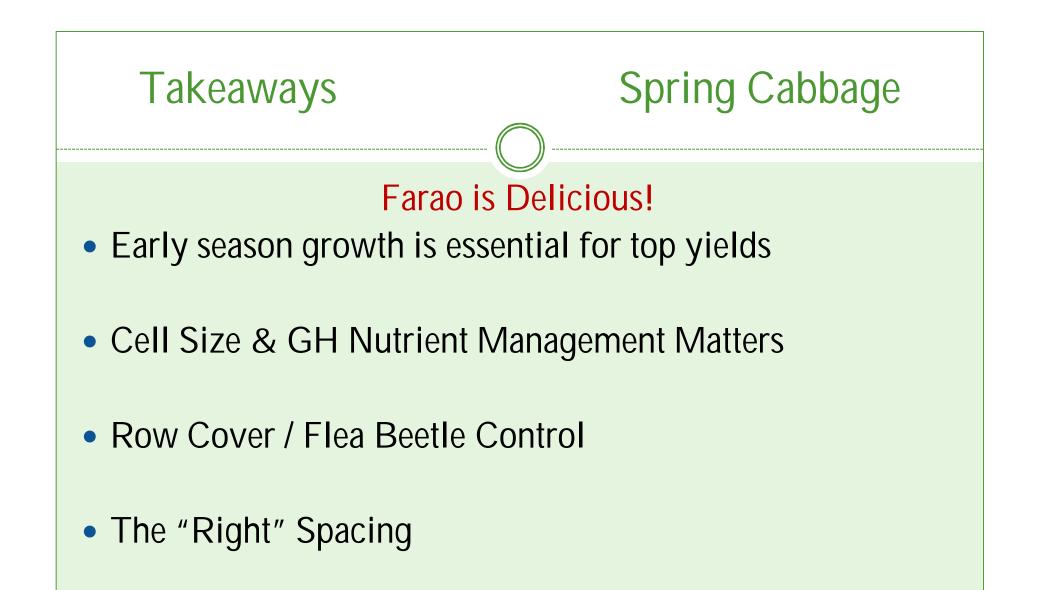




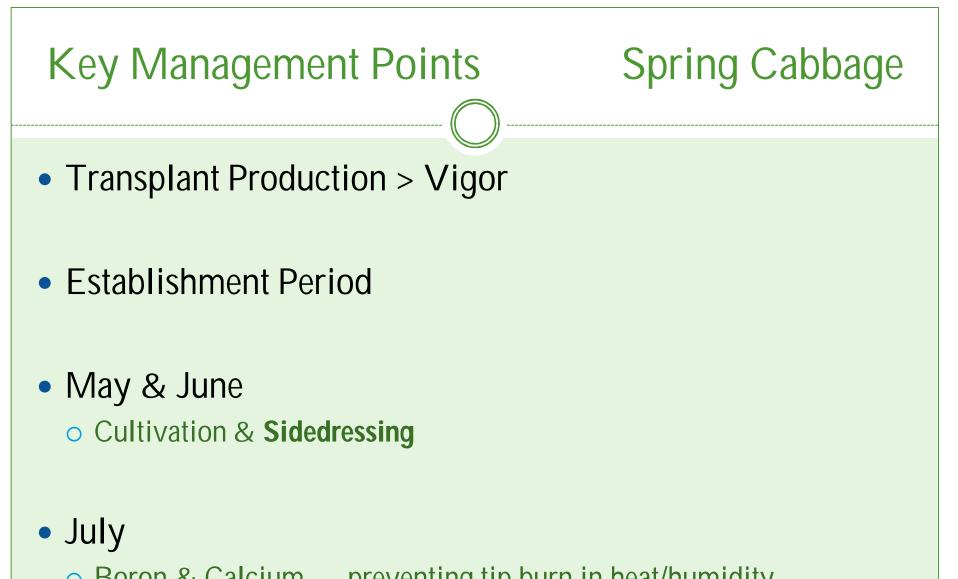
Onions... in the Garden

- Root and Top growth before the Summer Solstice will impact yield potential.
- Early Plantings? Ensure adequate P, Ca, N, & Sulfur
 - Bone char or Bone meal
 - o Gypsum
 - Blood Meal or other N source
 - o Sul-Po-Mag
- Water
- Planting Depth is important
- Avoid late season N application/release to improve storage.





• Fertility in Focus: Zinc – Early & Calcium - Throughout



• Boron & Calcium ... preventing tip burn in heat/humidity

Fertility & Nutrient Requirements Spring Cabbage

Fertility	Nitrogen	Phosphate	Potash		
Very Low		150	175		
Low	100 + 60sd	100	125		
Optimum		50	50		
http://povogotablo.org/crops/vai					

http://nevegetable.org/crops/varieties-2

• Calcium

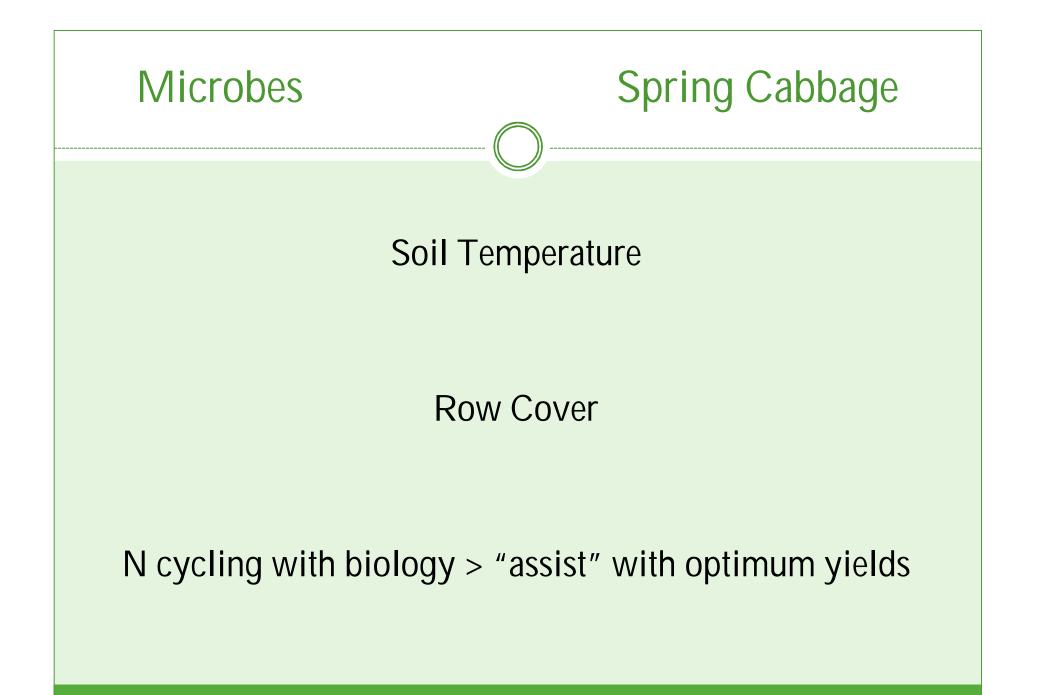
- Nitrogen (early season growth not early stage growth)
 - Crop removal 20t removes est. 185# N (U Cal Ag Nat Resources)
 - Up to almost 6 lbs. N per acre per day at folding stage (UCANR)
- Boron: 2-3 # elemental B per acre (depending on soil test)
- Sulfur

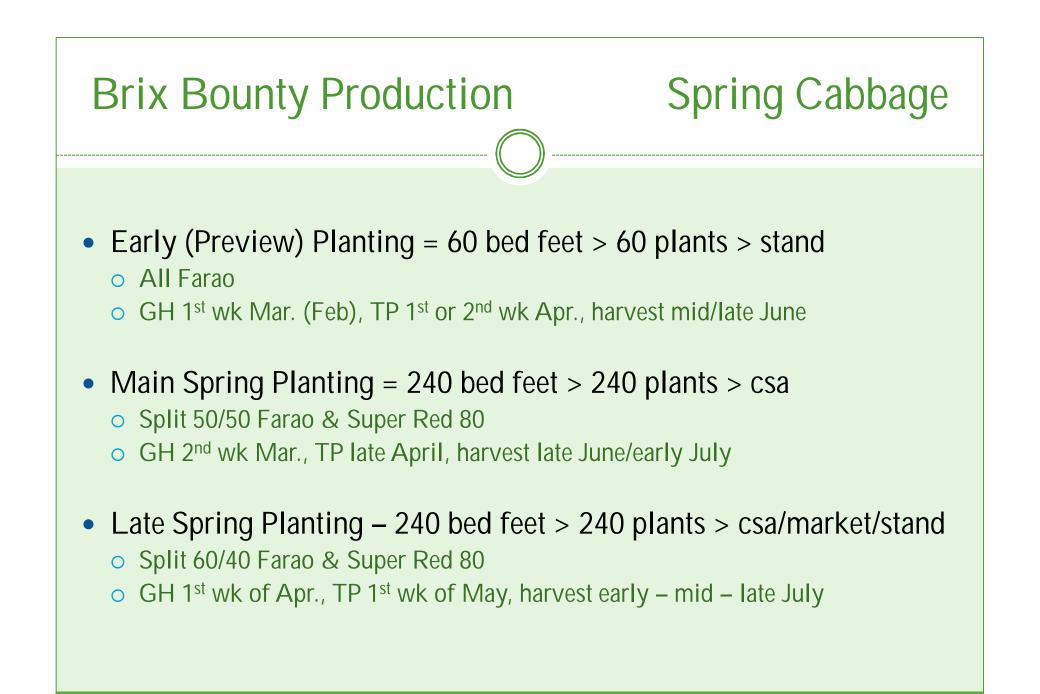
Addressing Mineral NeedsSpring Cabbage

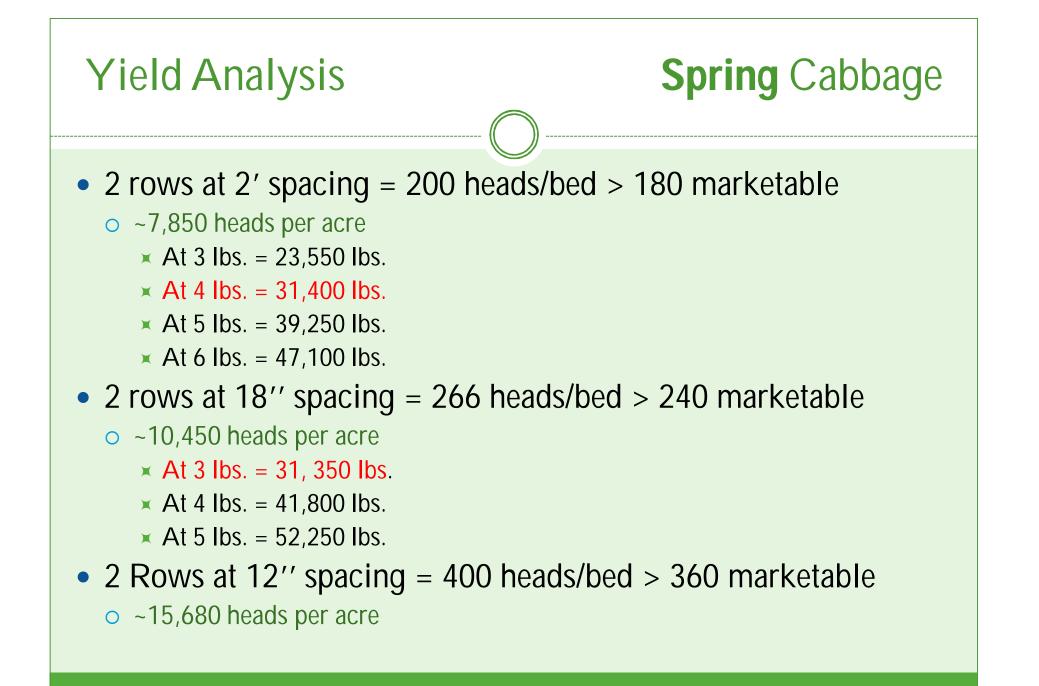
 Soil Test, Field History, OM Credits, Cover Crop Credits, Time of Planting, Speed of Growth & Expected Yield...

In Practice

- Pre-Plant >
- Row Cover at TP
- Sidedress #1 2-3 WAP (weeks after planting)
- Sidedress #2 4-6 WAP
- Foliar Sprays
- Fertigation...







Economics of Spring Cabbage

- At Brix Bounty we aim for a nice size (~4 pound heads)
- Price at \$5 per head = \$1.25 per lb., smaller @ \$4 each

We believe this is a very fair price Grow only enough cabbage to meet demand at our price. Cabbage should be special!

- Compare to a bunch of Kale @ \$2.00, \$2.50 or \$3.00
- 180 heads per bed @ \$4.00 = \$720 per bed or \$31K/acre
- 180 heads per bed @ \$5.00 = \$900 per bed or \$39K/acre

Building Fires vs. Fighting Fires

Fertility Investments

- N,P,K
- Calcium and Sulfur
- Boron
- Molybdenum
- Zinc

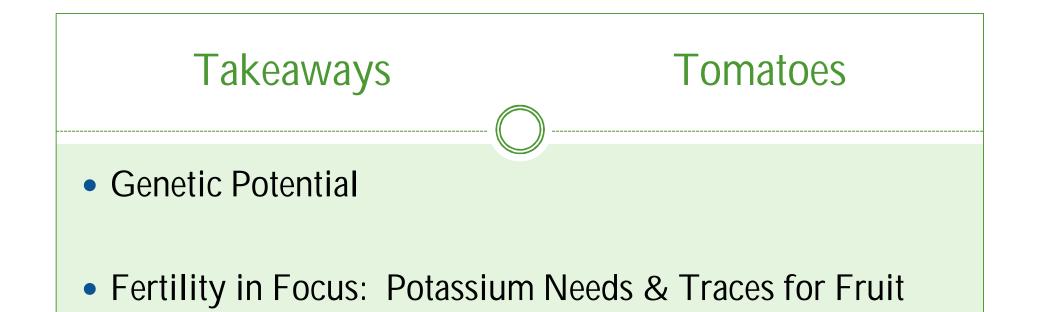
Growers Tips & Marketing Consideration

- Summer Solstice Cabbage Hearty Crunch for the CSA
- Size Impacts Marketability Especially in Summer
 Cabbage popular with older folks (small family size?)
- Summertime Cabbage key for "slaw" & lettuce alternative
 CSA like to pair with beets, carrots, & dill in summer
 (2 or 4 heads for shareholders in June-July) + 20 h/week stand
- Week 3 (6/23) for full share 60 h
- Week 4 (6/30) for everyone 100 h
- Week 5 (7/07) > chinese cabbage
- Week 6 (7/14) for everyone (usually w/ 1st carrot dist.) 100 h
- Week 7 (7/21) for full share 60 h

Spring Cabbage ... in the Garden

- Plant Spacing Cabbage Like their space...
- Pest "Prevention" including flea beetles, ICW & four legged ... bunnies/woodchucks/etc.
- Provide plenty of fertility
- Plant only if you have the room...





- Trellis & "Moisture" Management
- Successions
- Foliars

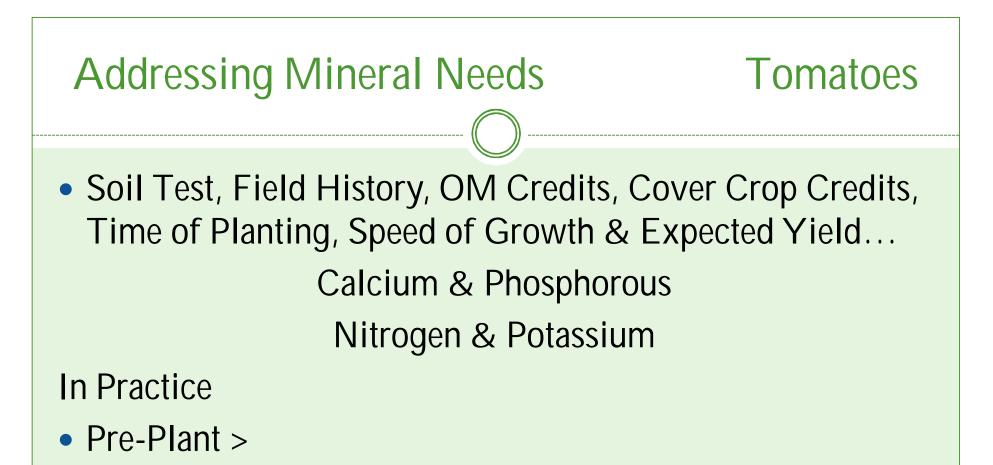
Key Management Points Tomatoes • Transplant Production > Vigor

- Establishment Period
 - "Building Plant Frame" (John Kempf, AEA)
- Fruit Establishment
- Harvest Season

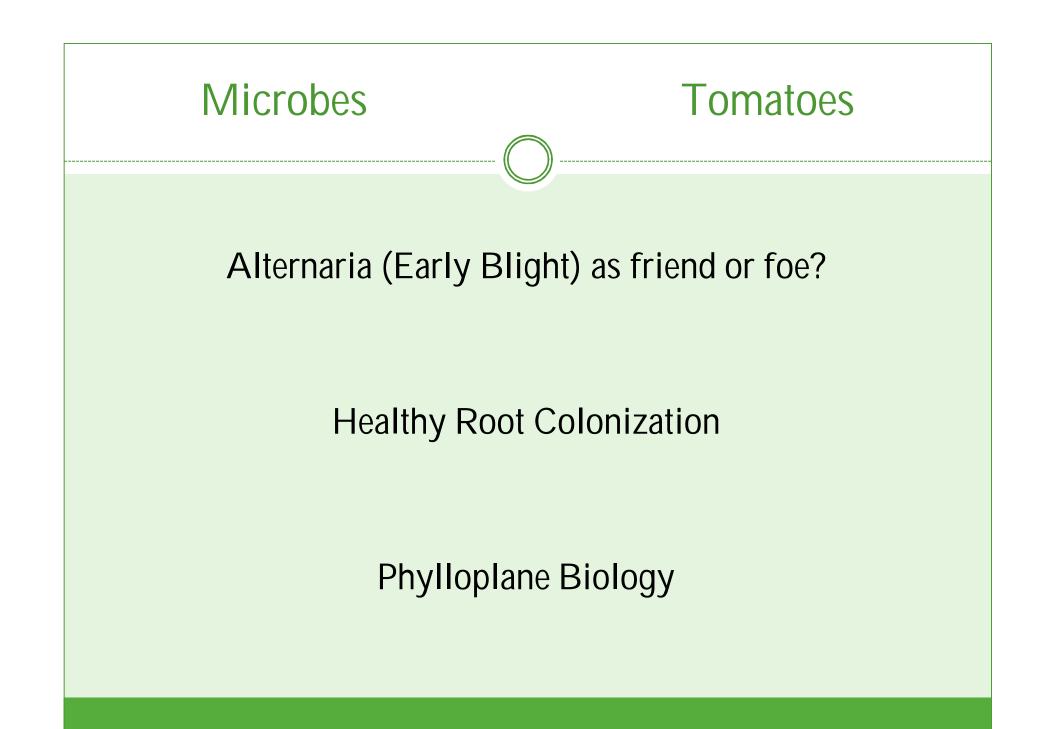
Fertility & Nutrient Requirements Tomatoes									
	Fertility	Nitrogen	Phosphate	Potash					
	Very Low		180	250					
	Low	80-100 30sd, 30sd	120	150					
	Optimum		0-60	50-100					

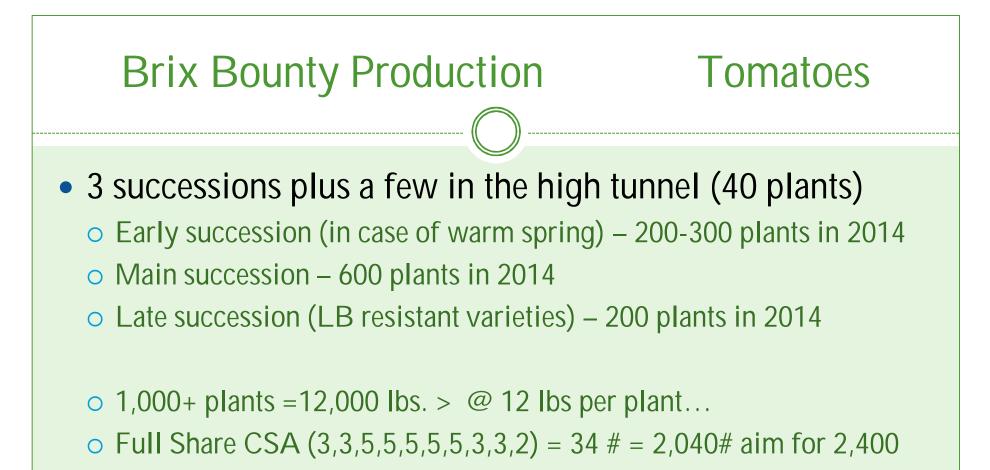
(based on 22t/A yield) http://nevegetable.org/crops/varieties-19

- Calcium & Phosphorous
- Potassium
- Boron, Copper & Traces
- Sulfur

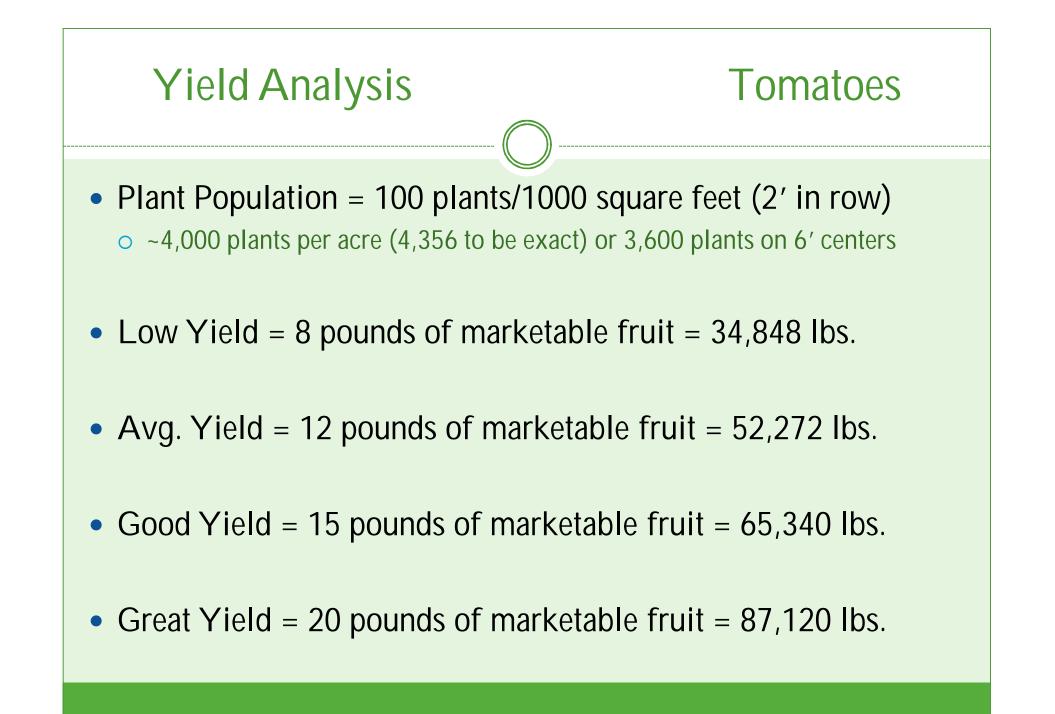


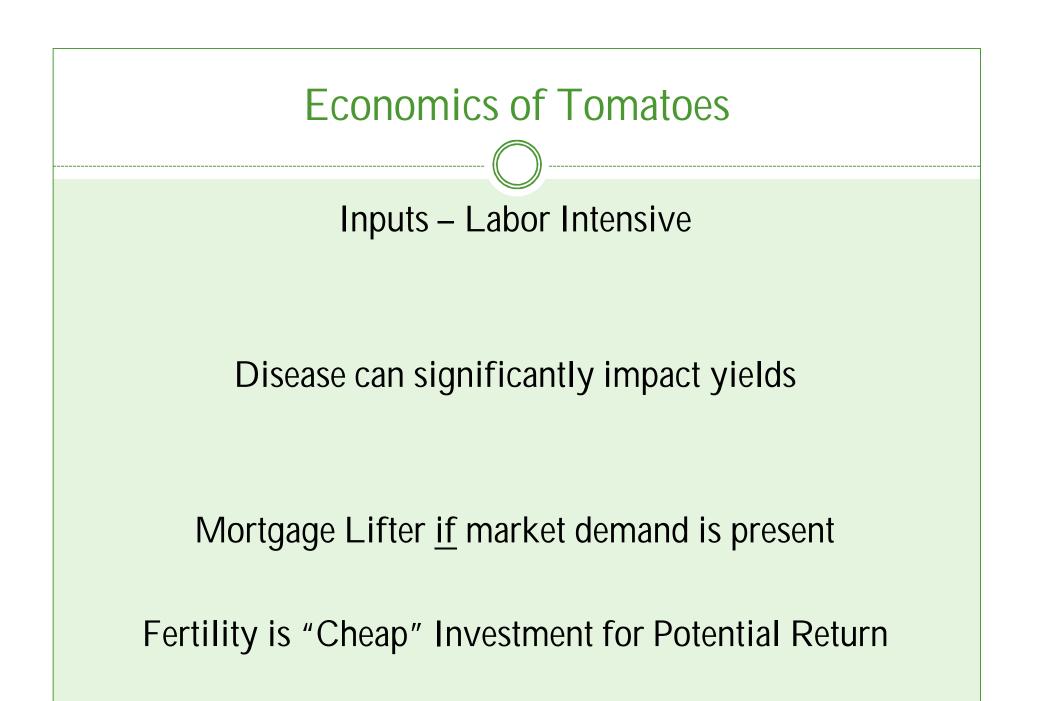
- Sidedress #1 (1st or 2nd week of June)
- Sidedress #2 (early July) final cultivation / sow clover
- Fertigation >





- Partial Share CSA (1,2,3,3,3,3,3,2,2,1) = 23# = 920# aim for 1,000
- Market 12-14 weeks @ ~60 pounds = 840# aim for 1,000
- Roadside Stand 14 weeks @ ~500 pounds = 7,000# aim for 7,600





Building Fires vs. Fighting Fires

- High N & K needs for High Yields
- Fertigation needs of 1# N, 2# K (potash) per acre per day in high tunnels (UMN Rosen et. al.

http://www.extension.umn.edu/distribution/horticulture/components/M1218-8.pdf)

Case for Intensive rather than Extensive plantings...

Growers Tips & Marketing Considerations

CSA, Direct Market On-Farm, Off-Farm, & Wholesale

Small Farm's Version of "Corn" for the casual customer

What is Market Demand? How to match peak demand & "lower demand" periods

Type ? Cherry Tomatoes, Slicers, Heirlooms, Paste ?

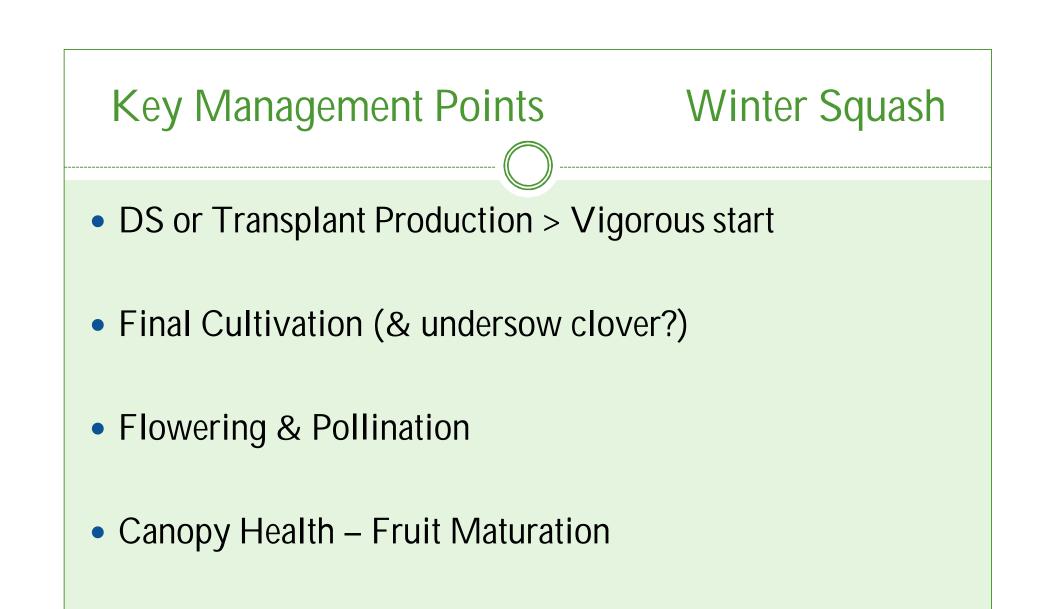
Late Blight Resistant Varieties are "promising"

Tomatoes ... in the Garden

- Adequate Space & Support
- "Early Establishment"
- Nutrient Needs Through the Plant Life Cycle
- Shifting from Leaf Growth > Fruiting Energy



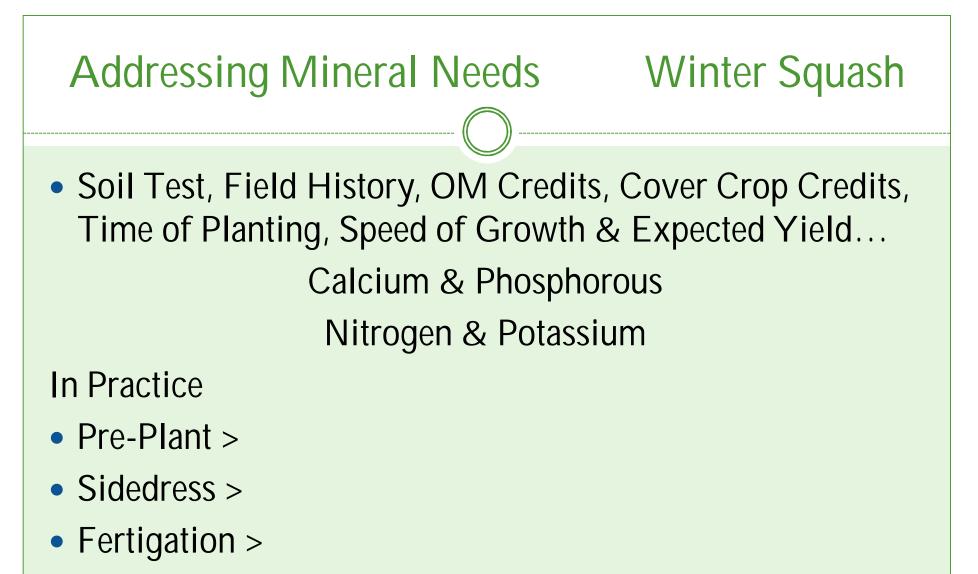




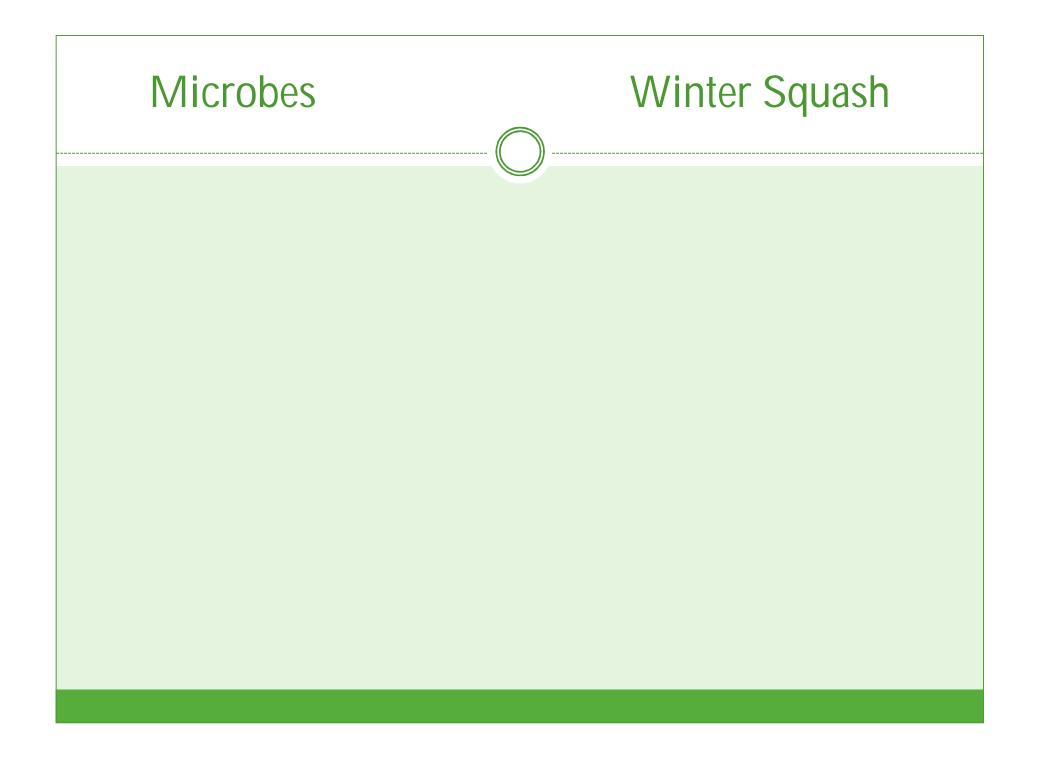
Fertil	ity & Nutr	rient Requ	irements	Winter So	quash
	Fertility	Nitrogen	Phosphate	Potash	
	Very Low		110	160	
	Low	50, 50sd	60	110	
	Optimum		0	40	

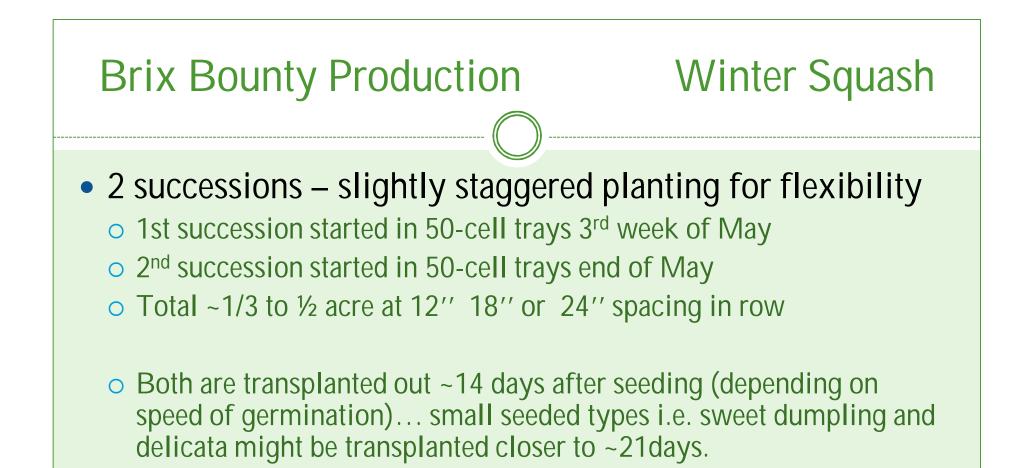
for tp's (ds diff rates) http://nevegetable.org/crops/varieties-14

- Calcium & Phosphorous
- Silicon calcium silicate wollastonite (Heckman, J.)
- Boron (careful), Copper, Zinc & Traces
- Sulfur

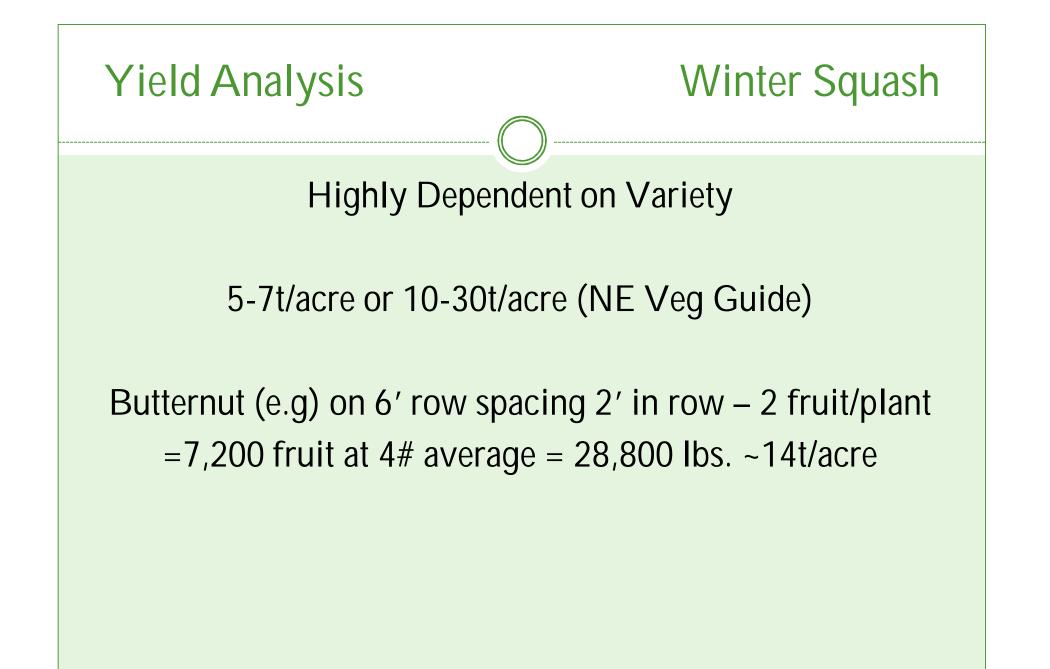


• Foliar Sprays >





• By staggering planting dates we can alter/change plant density on 2nd planting as necessary and/or add additional beds. We usually start an extra 2-3 beds worth of transplants (15% extra on top of usual 110%)





Building Fires vs. Fighting Fires

Transplanted at young age if vigorous seedlings...

Timing the crop to the season... early plantings before disease pressure builds

Great Use of Compost... Cucurbits

Growers Tips & Marketing Considerations

"Staple" of the fall & early winter – for CSA & Markets

Honor System Stand > we don't go crazy selling b-nut (it's too easy for it to potentially disappear)

Difficult to "compete" on price w/larger conventional growers

Selling by unit instead of by pound – price elasticity

Small at \$2-3, Med. Size squash ~\$4, Large at \$5-6

