





### Principles of Managing for Soil Health

- Minimize Disturbance of the soil
- Maximize Diversity of plants in rotation
- Keep Living Roots in the soil as much as possible
- Keep the soil covered with plants and plant residues
- Create the most favorable habitat possible for the soil food web

### Caution!

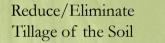


- Do not make implementation of tools a goal.
- If your goal is improving soil health; then no-tillage, crop rotation, cover crops, etc. can be excellent tools.
- The devil is in the details, you must become a student of the tools without losing sight of the **goal** of building soil health.

### Soil Health Toolbox

- (No) Tillage
- Crop Rotation Diversity
- Cover Crops
- Degree of Fertilizer use
- Degree of Pesticide use
- Livestock

Which of these tools could positively affect soil health on your farm?



- Tillage is physical soil disturbance
  - Destroys aggregates
  - Exposes organic matter to decomposition
  - Facilitates compaction
  - Damages soil fungi
  - Reduces habitat for all members of SFW
  - Disrupts soil pore continuity
  - Promotes salinity at the soil surface



### Chemical Soil Disturbance from Fertilizer

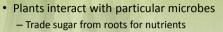
- Excessive nitrogen or phosphorus fertilizer...
  - Short-circuits the rhizosphere
    Depresses activity of natural N fixers
  - Stimulates bacterial decomposition of SOM
  - N at risk for leaching or denitrification
  - Synthetic fertilizers are salts (salinity)

### Chemical Soil Disturbance from Pesticide use



- Impact of pesticides on non-target organisms not well understood.
- Pesticides simplify, not diversify SFW
- Crop rotation restrictions
- Cover crop diversity restrictions

## Use Diversity of Plants to add diversity to Soil Organisms



- · Microbes convert plant material to OM
- Requires a diversity of plant carbohydrates to support the variety of microbes
- Lack of plant diversity will drive system to favor some microbes more than others

### Plant Diversity through crop rotation / cover crops

- Crop diversity = Soil Food Web diversity
- Diversity
  - Balanced/Diverse diet to Soil Food Web
  - Help Reduce pest pressure
  - Help Increase soil nutrient cycling
  - Reduces risk
  - Spreads workload

### Crop Rotation / Cover Crops

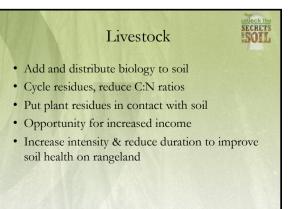
- Increased influence of living roots
   Feeds Soil Food Web
  - Increase soil aggregation and porosity to increase available water holding capacity
  - Use any excess water to address salinity
  - Stimulate SFW into increased activity
  - Integrate grazing
  - Nitrogen fixation/recovery

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### Keep the soil covered

- · Leave crop residues in place after harvest
- Cover crops
- Perennials in rotation
- · Balance cover with decomposition





### Benefits of Managing for Soil Heal

- Improved Nutrient Cycling
  - NDSU 50#/ac N credit for long term no-till
  - Fungi increase P and water supply to plants
- Improved soil aggregation
  - Increased water movement and storage
  - Better root growth into more soil
  - Better habitat for the Soil Food Web
- Fewer weeds and diseases
  - A balanced Food Web helps suppress pests
  - Less soil disturbance plants fewer weed seeds

# How do we know if soil health is the soil health is thealth is the soil health is the soil health is the soi

- Soil aggregate stability increases
- Water infiltration increases
- Organic matter increases
- Crop response
- Reduced input costs
- Soil Food Web analysis



